Zarouhi (Zaz) Grumbar

Senior Yoga Teacher · London, United Kingdom

Passport 2e7b4531-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 2 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 08 Sept 2027

RECORD

Zarouhi (Zaz)’s record.

Membership	Active	
Foundation	Verified	2015
Insurance	On file	Until 08 Sept 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
FUNCTIONAL NEUROLOGY FOR YOGA	Adell Bridges	Dec 2022	80h	VERIFIED
Pregnancy Yoga Teacher Training London	Lisa White	Dec 2016	40h	VERIFIED
200 Hour Yoga Teacher Training	Rahoul Masrani	Jul 2015	200h	VERIFIED

CPD · 1 COURSE · 140 HOURS · LOGGED BY ZAROUHI (ZAZ)

More training.

Nov 2019	**Techniques, Practice, Teaching Methodology, Anatomy & Physiology**	Jamie Clarke · 20h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	11 years and 4,155 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Jul 2015	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	08 Sept 2027
CPD	140 H	2 Development qualifications · 1 logged course	—	—
Membership	ACTIVE	Joined 2015	—	—

HISTORY

Status history.

Dec 2022	Completed FUNCTIONAL NEUROLOGY FOR YOGA
Nov 2019	CPD completed: Techniques, Practice, Teaching Methodology, Anatomy & Physiology
Dec 2016	Completed Pregnancy Yoga Teacher Training London
Jul 2015	Qualified: 200 Hour Yoga Teacher Training
2015	Joined the register

Scan for credentials

The QR code opens Zarouhi (Zaz)'s credentials on the YogaPros register: https://member.theyogapros.com/teachers/zarouhi-zaz-grumbar?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.