Terezia Greskova

Senior Yoga Teacher · Slovakia

Passport 2efafa41-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

500-hour Foundation

YogaPros-accredited course · 2 more trainings

RECORD

Terezia’s record.

Membership	Active	
Foundation	Accredited	2017

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Art of Assisting	Janet Stone	Apr 2025	30h	VERIFIED
East London School of Yoga	Stewart Gilchrist	Mar 2024	500h	ACCREDITED
Yoga Siromani	International Sivananda Yoga VedantaCentre	Apr 2017	200h	VERIFIED

CPD · 3 COURSES · 89 HOURS · LOGGED BY TEREZIA

More training.

Nov 2024	**Full Philosophy course**	Sri BNS Iyengar · 25h
Jul 2021	**The Eight Auxiliaries of Ptañjalayogastra workshops**	Stewart Gilchrist · 20h
Apr 2021	**the Cakra series workshops**	Stewart Gilchrist · 14h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	9 years and 5,000 hours taught since qualifying	—	—
Foundation training	ACCREDITED	500-hour · Mar 2024	—	—
CPD	89 H	1 Development qualification · 3 logged courses	—	—
Membership	ACTIVE	Joined June 2026	—	—

HISTORY

Status history.

Jun 2026	Joined the register
Apr 2025	Completed Art of Assisting
Nov 2024	CPD completed: Full Philosophy course
Mar 2024	Qualified: East London School of Yoga
Jul 2021	CPD completed: The Eight Auxiliaries of Ptañjalayogastra workshops
Apr 2021	CPD completed: the Cakra series workshops

Scan for credentials

The QR code opens Terezia’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/terezia-greskova?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.