Suzanna Florence Lalor

Yoga Teacher · Ballydermody, County Waterford, Ireland

Passport 2ed3c476-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

250-hour Foundation

YogaPros-accredited course

INSURED

Policy through YogaPros

Certificate on file · until 08 Feb 2027

RECORD

Suzanna Florence's record.

Membership	Active	
Foundation	Accredited	2026
Insurance	On file	Until 08 Feb 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Oak & Willow 250 Hour Foundation Teacher Training	Oak & Willow Yoga Teacher Training	Jan 2026	250h	ACCREDITED

CPD · 1 COURSE · 6 HOURS · LOGGED BY SUZANNA FLORENCE

More training.

Feb 2025	**Basic Life Support**	Irish Heart Foundation · 6h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	YOGA TEACHER	First year and 1 hour taught since qualifying	—	—
Foundation training	ACCREDITED	250-hour · Oak & Willow Yoga Teacher Training · Jan 2026	—	—
Insurance	RENEWS SOON	Policy through YogaPros · certificate on file	—	08 Feb 2027
CPD	6 H LOGGED	1 logged course	—	—
Membership	ACTIVE	Joined February 2026	—	—

HISTORY

Status history.

Feb 2026	Joined the register
Jan 2026	Qualified: Oak & Willow 250 Hour Foundation Teacher Training
Feb 2025	CPD completed: Basic Life Support

Scan for credentials

The QR code opens Suzanna Florence’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/suzanna-florence-lalor?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.