Sophie Free

Senior Yoga Teacher · Great Missenden, United Kingdom

Passport 2e7cfd33-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course

INSURED

Policy through YogaPros

Certificate on file · until 09 Feb 2027

RECORD

Sophie’s record.

Membership	Active	
Foundation	Accredited	2010
Insurance	On file	Until 09 Feb 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	16 years and 7,000 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	RENEWS SOON	Policy through YogaPros · certificate on file	—	09 Feb 2027
Membership	ACTIVE	Joined over 7 years ago	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
7+ years ago	Joined the register

Scan for credentials

The QR code opens Sophie’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/sophie-free?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.