Sonya Harnett

Senior Yoga Teacher · Celbridge, County Kildare, Ireland

Passport 2e4fefde-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

500-hour Foundation

Verified by YogaPros · 3 more trainings

INSURED

Private policy

Certificate on file · until 13 Mar 2027

RECORD

Sonya’s record.

Membership	Active	
Foundation	Verified	2012
Insurance	On file	Until 13 Mar 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Embodied & Somatic Yoga	Caitriona Leavey	May 2026	50h	VERIFIED
Masters of Wisdom Meditation Teacher	davidji Meditation Academy	Oct 2020	285h	VERIFIED
Anatomy & Physiology (International Guild of Professional Practitioners)	Marie Lennon - Yoga Therapy Ireland	Sept 2012	49h	VERIFIED
Yoga Therapy Ireland two year Teacher Training Course	Helen Marrow	Sept 2012	500h	VERIFIED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	14 years and 5,648 hours taught since qualifying	—	—
Foundation training	VERIFIED	500-hour · Sept 2012	—	—
Insurance	CURRENT	Private policy · certificate on file	—	13 Mar 2027
CPD	384 H	3 Development qualifications	—	—
Membership	ACTIVE	Joined February 2024	—	—

HISTORY

Status history.

May 2026	Completed Embodied & Somatic Yoga
Feb 2024	Joined the register
Oct 2020	Completed Masters of Wisdom Meditation Teacher
Sept 2012	Completed Anatomy & Physiology (International Guild of Professional Practitioners)
Sept 2012	Qualified: Yoga Therapy Ireland two year Teacher Training Course

Scan for credentials

The QR code opens Sonya’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/sonya-harnett?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.