Shama Sara Palmer

Senior Yoga Teacher · Stratford Upon Avon, United Kingdom

Passport 2e744b56-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course

INSURED

Policy through YogaPros

Certificate on file · until 10 Mar 2027

RECORD

Shama Sara's record.

Membership	Active	
Foundation	Accredited	2005
Insurance	On file	Until 10 Mar 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	21 years and 4,000 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	10 Mar 2027
Membership	ACTIVE	Joined 2019	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
2019	Joined the register

Scan for credentials

The QR code opens Shama Sara’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/shama-sara-palmer?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.