Sarah Wheeler

Experienced Yoga Teacher · Brighton and Hove, United Kingdom

Passport 2d015fdd-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course

INSURED

Policy through YogaPros

Certificate on file · until 09 Dec 2026

RECORD

Sarah's record.

Membership	Active	
Foundation	Accredited	2019
Insurance	On file	Until 09 Dec 2026

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Sundara Yoga Teacher Training	Sundara Yoga Flow UK	Dec 2019	200h	ACCREDITED

CPD · 2 COURSES · 230 HOURS · LOGGED BY SARAH

More training.

Jul 2024	**Therapeutic Somatics for Yoga Teachers**	Charlotte Watts · 170h
Jan 2024	**Yin Yoga, Mindfulness an Meditation**	Sarah Lo · 60h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	EXPERIENCED	6 years and 2,200 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Dec 2019	—	—
Insurance	RENEWS SOON	Policy through YogaPros · certificate on file	—	09 Dec 2026
CPD	230 H LOGGED	2 logged courses	—	—
Membership	ACTIVE	Joined December 2019	—	—

HISTORY

Status history.

Jul 2024	CPD completed: Therapeutic Somatics for Yoga Teachers
Jan 2024	CPD completed: Yin Yoga, Mindfulness an Meditation
Dec 2019	Joined the register
Dec 2019	Qualified: Sundara Yoga Teacher Training

Scan for credentials

The QR code opens Sarah’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/sarah-wheeler-8a6435?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.