Sarah-Claire Picton

Experienced Yoga Teacher · Archway, United Kingdom

Passport 2ce75a56-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

300-hour Foundation

YogaPros-accredited course · 1 more training

INSURED

Policy through YogaPros

Certificate on file · until 30 Oct 2027

RECORD

Sarah-Claire’s record.

Membership	Active	
Foundation	Accredited	2020
Insurance	On file	Until 30 Oct 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
300hr TEACHER TRAINING	Stewart Gilchrist	Oct 2022	300h	ACCREDITED
200 Hour Foundation Teacher Training	East London School of Yoga Ltd	Oct 2022	200h	ACCREDITED

CPD · 6 COURSES · 51 HOURS · LOGGED BY SARAH-CLAIRE

More training.

Nov 2025	**Multi-agency Safeguarding & Child Protection Level 3 Training**	Local Safeguarding Children Partnership · 7h
Nov 2025	**Multi-agency Safeguarding & Child Protection Level 3 Training**	Darren Williams · 7h
Nov 2025	**Vinyasa Krama**	Online Workshop with Yoga Alliance · 1h
Nov 2025	**The Eight Auxiliaries of Ptañjalayogastra**	Stewart Gilchrist · 20h
Nov 2025	**Cakra Series Workshop**	Stewart Gilchrist · 7h
Dec 2020	**Pranayama Mudra Bandha**	Stewart Gilchrist · 9h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	EXPERIENCED	6 years and 2,000 hours taught since qualifying	—	—

Foundation training	**ACCREDITED**	300-hour · Oct 2022	—	—
Insurance	**CURRENT**	Policy through YogaPros · certificate on file	—	30 Oct 2027
CPD	**51 H LOGGED**	6 logged courses	—	—
Membership	**ACTIVE**	Joined September 2020	—	—

HISTORY

Status history.

Nov 2025	5 CPD courses completed
Oct 2022	Qualified: 300hr TEACHER TRAINING
Oct 2022	Qualified: 200 Hour Foundation Teacher Training
Dec 2020	CPD completed: Pranayama Mudra Bandha
Sept 2020	Joined the register

Scan for credentials

The QR code opens Sarah-Claire’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/sarah-claire-picton?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.