Sarah Brannen

Senior Yoga Teacher · St Andrews, United Kingdom

Passport 2e630082-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 7 more trainings

INSURED

Private policy

Certificate on file · until 21 Feb 2027

RECORD

Sarah’s record.

Membership	Active	
Foundation	Verified	2017
Insurance	On file	Until 21 Feb 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
100 Hour Anatomy of Spiral Vinyasa	Karen Kirkness	Oct 2024	100h	VERIFIED
Traditional Teaching: Understanding Yoga as Healing	Karen Kirkness, Nadine Watton, Amy Hughes	Oct 2023	100h	VERIFIED
100 hour Yin & Restorative	Nadine Watton	May 2021	100h	ACCREDITED
200hr Yoga Teacher Training	June Mitchell	Jul 2017	200h	VERIFIED
Mother and Baby Yoga Teacher Training	Uma Dinsmore Tuli	Jun 2017	40h	VERIFIED
Yoga for Kids and Families	Cayetana Rodenas	Sept 2014	45h	VERIFIED
SMART Toddler Yoga	Margaret Adey	May 2014	45h	VERIFIED

CPD · 7 COURSES · 533 HOURS · LOGGED BY SARAH

More training.

Mar 2021	**Anatomy of Adjustments: Shoulder Care**	Karen Kirkness · 3h
Nov 2020	**Anatomy of Pregnancy & Birth: Considerations for Yoga Teachers**	Karen Kirkness · 3h
Oct 2020	**Vinyasa 45 Hour Training**	Jo Ewen · 45h
Apr 2020	**Anatomy of Adjustments: Thoracic Space**	Karen Kirkness · 3h
Mar 2020	**Anatomy of Adjustments: The Apana Connection**	Karen Kirkness · 3h

Jan 2020	**Anatomy of Adjustments: Hip Rotation**	Karen Kirkness · 3h
Jun 2019	**Anatomy for Yoga**	Karen Kirkness · 15h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	9 years and 4,680 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Jul 2017	—	—
Insurance	RENEWS SOON	Private policy · certificate on file	—	21 Feb 2027
CPD	533 H	7 Development qualifications · 7 logged courses	—	—
Membership	ACTIVE	Joined November 2020	—	—

HISTORY

Status history.

Nov 2025	Completed Yoga Pros Verified Specialist Qualification
Oct 2024	Completed 100 Hour Anatomy of Spiral Vinyasa
Oct 2023	Completed Traditional Teaching: Understanding Yoga as Healing
May 2021	Completed 100 hour Yin & Restorative
Mar 2021	CPD completed: Anatomy of Adjustments: Shoulder Care
Nov 2020	Joined the register

Scan for credentials

The QR code opens Sarah’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/sarah-brannen?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.