Sara Nightingale

Senior Yoga Teacher · Jersey

Passport 2d775159-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 1 more training

INSURED

Policy through YogaPros

Certificate on file · until 28 May 2027

RECORD

Sara’s record.

Membership	Active	
Foundation	Verified	2011
Insurance	On file	Until 28 May 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	VERIFIED
Yoga for Cancer Training	Yoga by Nature	Nov 2024	40h	ACCREDITED

CPD · 2 COURSES · 51 HOURS · LOGGED BY SARA

More training.

Nov 2026	**Yoga Nidra 101**	Dina Cohen · 6h
Jan 2026	**Bareface Yoga**	Sue Yen Wan · 5h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	15 years and 6,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	28 May 2027
CPD	51 H	1 Development qualification · 2 logged courses	—	—
Membership	ACTIVE	Joined over 7 years ago	—	—

HISTORY

Status history.

Nov 2026	CPD completed: Yoga Nidra 101
Jan 2026	CPD completed: Bareface Yoga
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Nov 2024	Completed Yoga for Cancer Training
7+ years ago	Joined the register

Scan for credentials

The QR code opens Sara’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/sara-nightingale?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.