Sally Parkes

Senior Yoga Teacher · Worthing, United Kingdom

Passport 2e9b8974-6110-11f1-96e3-0cc47a2a8154

Credentials current — Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 3 more trainings

RECORD

Sally’s record.

Membership	Active	
Foundation	Verified	2004

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
200hr Teacher Training Foundation Course - Centered Yoga	Paul Dallaghan	Dec 2004	200h	VERIFIED

CPD · 5 COURSES · 178 HOURS · LOGGED BY SALLY

More training.

Jul 2022	**Yin Yoga Training for Teachers**	Nina Goldberger · 20h
Jan 2022	**Essential Oils for Yoga Teachers**	Heather Deaville · 12h
Oct 2021	**Online 30hr Fertility Yoga & Menstrual Health Teacher Training**	Naomi Rudge · 30h
Apr 2020	**Clinical Yoga Part 2 -**	Dawn Morse · 16h
Sept 2019	**Clinical Yoga - Part 1 Postures**	Dawn Morse · 16h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	21 years and 15,000 hours taught since qualifying	—	—

Foundation training	**VERIFIED**	200-hour · Dec 2004	—	—
CPD	**178 H**	3 Development qualifications · 5 logged courses	—	—
Membership	**ACTIVE**	Joined over 7 years ago	—	—

HISTORY

Status history.

Nov 2025	Completed Yoga Pros Verified Specialist Qualification
Nov 2025	Completed Yoga Pros Verified Specialist Qualification
Nov 2025	Completed Yoga Pros Verified Specialist Qualification
Jul 2022	CPD completed: Yin Yoga Training for Teachers
Jan 2022	CPD completed: Essential Oils for Yoga Teachers
7+ years ago	Joined the register

Scan for credentials

The QR code opens Sally’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/sally-parkes-e6b999?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.