Rui Manuel Calado Pascoal

Senior Yoga Teacher · Vila Nova de Gaia, Porto, Portugal

Passport 2c5f10bb-6110-11f1-96e3-0cc47a2a8154

Credentials current — Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 9 more trainings

RECORD

Rui Manuel's record.

Membership	Active	
Foundation	Verified	2013

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga and Meditation Training Course Applied to Stress and Burnout Contexts	Gonçalo Correia Yoga Kshetra	Sept 2025	60h	ACCREDITED
Curso de Formação em Yoga Terapia	Gonçalo Correia	Dec 2024	200h	VERIFIED
ARCIS - Consciousness Studies and Self-Awareness: Modern Science and Ancient Indian Wisdom	Prof. (Dr.) Kakali Ghosh	Jan 2022	128h	VERIFIED
Kaivalyadhama - Meditation for Yoga Teachers with Prof. R S Bhogal	Prof. R S Bhogal	Nov 2021	24h	VERIFIED
Kaivalyadhama - Management of AutoImmune disorders through Yoga 40h	CEO Shri Subodh Tiwari - Teacher Renu jain	Dec 2020	40h	VERIFIED
Curso de Extensão Yoga para Professores de Yoga em ESCOLAS	Dra Rosa Xufre / Chandra Devi - Sandra Xavier	Jan 2018	45h	VERIFIED
CESYO - Nivel B - Professor do Yoga	Svamini Chandra Devi - Sandra Xavier	Dec 2017	4000h	VERIFIED
CESYO - Special Superior Course of Yoga	Amrta Suryananda - Jorge Veiga and Chandra Devi - Sandra Xavier	Dec 2013	6500h	VERIFIED
Curso de Extensão - Yoga para Gestantes	Sita Devi - Catarina Ferreira / Chandra Devi - Sandra Xavier	Sept 2012	33h	VERIFIED
Curso de Expansão para Professores de Yoga para Crianças	Dra Rosa Xufre / Amrta Suryananda - Jorge Veiga e Castro	Aug 2011	30h	VERIFIED

CPD · 4 COURSES · 399 HOURS · LOGGED BY RUI MANUEL

More training.

Mar 2026	**Jijnana Bhairava Dharana and Meditation Pratice**	Dr R S Boghal - Kaivalyadhama Yoga Institute · 18h
May 2021	**Kaivalyadhama - Meditation The Art of Calming the Mind**	Prof. R S Bhogal · 6h
Mar 2021	**Kaivalyadhama - Meditation Techniques for Continual Wellness**	Prof. R S Bhogal · 6h
Dec 2020	**Kaivalyadhama - Samyama for Health, Harmony and Success**	Prof. R S Bhogal · 9h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	**SENIOR**	12 years and 15,600 hours taught since qualifying	—	—
Foundation training	**VERIFIED**	200-hour · Dec 2024	—	—
CPD	**399 H**	7 Development qualifications · 4 logged courses	—	—
Membership	**ACTIVE**	Joined March 2025	—	—

HISTORY

Status history.

Mar 2026	CPD completed: Jijnana Bhairava Dharana and Meditation Pratice
Sept 2025	Completed Yoga and Meditation Training Course Applied to Stress and Burnout Contexts
Mar 2025	Joined the register
Dec 2024	Qualified: Curso de Formação em Yoga Terapia
Jan 2022	Completed ARCIS - Consciousness Studies and Self-Awareness: Modern Science and Ancient Indian Wisdom
Nov 2021	Completed Kaivalyadhama - Meditation for Yoga Teachers with Prof. R S Bhogal

Scan for credentials

The QR code opens Rui Manuel’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/rui-manuel-calado-pascoal?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.