Rita Frazão

Yoga Teacher · Parede, Lisboa, Portugal

Passport 2c86e9cd-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros

RECORD

Rita’s record.

Membership	Active	
Foundation	Verified	2022

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	VERIFIED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	YOGA TEACHER	3 years and 200 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Yoga Pros · Oct 2025	—	—
Membership	ACTIVE	Joined October 2023	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Oct 2023	Joined the register

Scan for credentials

The QR code opens Rita’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/rita-frazao?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.