Regina Kerschbaumer

Senior Yoga Teacher · Stoke Holy Cross, United Kingdom

Passport 2e8783c0-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 26 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 10 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 12 Nov 2027

RECORD

Regina’s record.

Membership	Active	
Foundation	Accredited	2005
Insurance	On file	Until 12 Nov 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED
Yoga Mentoring Sessions	Jenny Wadsten	Nov 2021	32h	ACCREDITED
Sacred Centres - Chakra Charge and the Energy Body	Anodea Judith	Mar 2020	30h	VERIFIED
Yoga Nidra	Melanie Cooper	Oct 2019	30h	VERIFIED
Chakra Theory and Meditation	Paul Grilley	Aug 2019	50h	VERIFIED
Insight Yoga Institute	Sarah Powers	Nov 2018	500h	VERIFIED
Warmhearted Awareness in Yin Yoga	Sarah Powers	May 2018	100h	VERIFIED
Yin Yoga Teacher Trainign	Paul Grilley	Jul 2016	300h	VERIFIED
Chakra Theory	Paul Grilley	Sept 2015	50h	VERIFIED
Chakra Vinyasa	Shiva Rea	Jun 2011	32h	VERIFIED
Karuna Yoga Teacher Training	Ruth White	Oct 2005	500h	VERIFIED

CPD · 3 COURSES · 366 HOURS · LOGGED BY REGINA

More training.

Dec 2025	**Insight Yoga Level 3 Training**	Sarah Powers · 20h
Nov 2025	**Yoga Theming**	Jenny Wadsten · 10h

Nov 2025	**Chakra Meditation**	Paul Grilley · 12h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	**SENIOR**	21 years and 10,951 hours taught since qualifying	—	—
Foundation training	**ACCREDITED**	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	**CURRENT**	Policy through YogaPros · certificate on file	—	12 Nov 2027
CPD	**366 H**	7 Development qualifications · 3 logged courses	—	—
Membership	**ACTIVE**	Joined over 7 years ago	—	—

HISTORY

Status history.

Dec 2025	CPD completed: Insight Yoga Level 3 Training
Nov 2025	2 CPD courses completed
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Nov 2021	Completed Yoga Mentoring Sessions
Mar 2020	Completed Sacred Centres - Chakra Charge and the Energy Body
7+ years ago	Joined the register

Scan for credentials

The QR code opens Regina’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/regina-kerschbaumer?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.