Rachael Brough

Yoga Teacher · Skelton-in-Cleveland, United Kingdom

Passport 2cbe72e9-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 4 more trainings

RECORD

Rachael's record.

Membership	Active	
Foundation	Verified	2023

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	VERIFIED
Reiki and Ayurveda Yoga Holistic Health 100	Breathing Shakti	Jan 2025	100h	ACCREDITED
Yoga, Ayurveda, Reiki and Cosmic Body	Breathing Shakti	Oct 2024	300h	ACCREDITED
Goddess Embodiment	Victoria Sky	Nov 2023	50h	ACCREDITED
Yoga Bugs	Fenella Lindsell	Aug 2019	200h	VERIFIED

CPD · 1 COURSE · 670 HOURS · LOGGED BY RACHAEL

More training.

Nov 2025	**Sound Bath Practitioner**	Debbie Kneale · 20h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	YOGA TEACHER	3 years and 2,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Yoga Pros · Oct 2025	—	—
CPD	670 H	4 Development qualifications · 1 logged course	—	—
Membership	ACTIVE	Joined August 2024	—	—

HISTORY

Status history.

Nov 2025	CPD completed: Sound Bath Practitioner
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Jan 2025	Completed Reiki and Ayurveda Yoga Holistic Health 100
Oct 2024	Completed Yoga, Ayurveda, Reiki and Cosmic Body
Aug 2024	Joined the register
Nov 2023	Completed Goddess Embodiment

Scan for credentials

The QR code opens Rachael’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/rachael-brough?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.