Paula McAdams

Senior Yoga Teacher · Glasgow, United Kingdom

Passport 2e664245-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED
200-hour Foundation
YogaPros-accredited course

INSURED
Private policy
Certificate on file · until 28 Jun 2027

FIRST AID
Certificate on file
Until 18 Jul 2027

RECORD

Paula’s record.

Membership	Active	
Foundation	Accredited	2011
Insurance	On file	Until 28 Jun 2027
First aid	On file	Until 18 Jul 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	15 years and 16,000 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	CURRENT	Private policy · certificate on file	—	28 Jun 2027
First aid	CURRENT	Certificate on file	—	18 Jul 2027
Membership	ACTIVE	Joined August 2020	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Aug 2020	Joined the register

Scan for credentials

The QR code opens Paula’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/paula-mcadams?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.