Olesia Tanaka

Experienced Yoga Teacher · Shrewsbury, United Kingdom

Passport 2cb487dd-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED	INSURED	FIRST AID
220-hour Foundation	**Policy through YogaPros**	**Certificate on file**
Verified by YogaPros · 4 more trainings	Certificate on file · until 10 May 2027	Until 16 Feb 2029

RECORD

Olesia’s record.

Membership	Active	
Foundation	Verified	2022
Insurance	On file	Until 10 May 2027
First aid	On file	Until 16 Feb 2029

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Women's Wisdom Pre-Natal and Post Natal Teacher Training.	Sat Sri	Nov 2024	95h	VERIFIED
Foundations of Kundalini Yoga Therapy: Principles and Practices	Hari Kirin Kaur Khalsa,	Aug 2024	36h	VERIFIED
Children's Yoga Teacher Training	Trevor Vaughan	Apr 2024	30h	VERIFIED
Kundalini Yoga Teacher Training – Level 1 (500Hour Program)	Sat Siri	Feb 2024	220h	VERIFIED
200 HOUR YOGA TEACHER TRAINING COURSE IN HATHA & VINYASA YOGA	KATE LOMBARDO	May 2022	200h	VERIFIED

CPD · 1 COURSE · 186 HOURS · LOGGED BY OLESIA

More training.

Aug 2026	**Aerial Yoga**	Emmaline Maxwell · 25h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	EXPERIENCED	4 years and 2,170 hours taught since qualifying	—	—

Foundation training	**VERIFIED**	220-hour · Feb 2024	—	—
Insurance	**CURRENT**	Policy through YogaPros · certificate on file	—	10 May 2027
First aid	**CURRENT**	Certificate on file	—	16 Feb 2029
CPD	**186 H**	3 Development qualifications · 1 logged course	—	—
Membership	**ACTIVE**	Joined May 2022	—	—

HISTORY

Status history.

Aug 2026	CPD completed: Aerial Yoga
Nov 2024	Completed Women's Wisdom Pre-Natal and Post Natal Teacher Training.
Aug 2024	Completed Foundations of Kundalini Yoga Therapy: Principles and Practices
Apr 2024	Completed Children's Yoga Teacher Training
Feb 2024	Qualified: Kundalini Yoga Teacher Training – Level 1 (500Hour Program)
May 2022	Joined the register

Scan for credentials

The QR code opens Olesia’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/olesia-tanaka?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.