# Nicola-Jade Stephenson

Senior Yoga Teacher · Bradford, United Kingdom

Passport 2c8cc2b8-6110-11f1-96e3-0cc47a2a8154

## Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

**200-hour Foundation**

Verified by YogaPros

INSURED

**Policy through YogaPros**

Certificate on file · until 23 Jan 2027

RECORD

## Nicola-Jade’s record.

| | | |
|---|---|---|
| **Membership** | Active | |
| **Foundation** | Verified | 2010 |
| **Insurance** | On file | Until 23 Jan 2027 |

TRAINING

## Qualifications.

| QUALIFICATION | TRAINED BY | COMPLETED | HOURS | STATUS |
|---|---|---|---|---|
| **Yoga Pros Verified Foundation Course** | Yoga Pros | Oct 2025 | 200h | VERIFIED |

CPD · 7 COURSES · 93 HOURS · LOGGED BY NICOLA-JADE

## More training.

| | | |
|---|---|---|
| Jul 2025 | **Aromatherapy Blending** | Sharon Thomas · 8h |
| Apr 2025 | **Chair Yoga** | Nathalie Bennett, Live Love Yoga · 30h |
| Mar 2024 | **Refining the Language of Teaching Yoga** | Andrew McGonigle, Doctor Yogi · 2h |
| Nov 2020 | **Usui and Holy Fire Reiki Level 2** | Sharon Thomas · 12h |
| May 2020 | **Usui and Holy Fire Reiki Level 1** | Sharon Thomas · 8h |
| May 2005 | **Crystal and Chakra Mastery** | Sharon Thomas · 25h |
| Sept 2004 | **Reflexology Zones** | Sharon Thomas · 8h |

CREDENTIALS

## What YogaPros has checked.

| CHECK | RESULT | DETAIL | CHECKED | VALID UNTIL |
|---|---|---|---|---|
| **Standing** | SENIOR | 16 years and 4,453 hours taught since qualifying | — | — |
| **Foundation training** | VERIFIED | 200-hour · Yoga Pros · Oct 2025 | — | — |

| | | | | |
|---|---|---|---|---|
| **Insurance** | **RENEWS SOON** | Policy through YogaPros · certificate on file | — | 23 Jan 2027 |
| **CPD** | **93 H LOGGED** | 7 logged courses | — | — |
| **Membership** | **ACTIVE** | Joined January 2020 | — | — |

HISTORY

## Status history.

| | |
|---|---|
| Oct 2025 | Qualified: Yoga Pros Verified Foundation Course |
| Jul 2025 | CPD completed: Aromatherapy Blending |
| Apr 2025 | CPD completed: Chair Yoga |
| Mar 2024 | CPD completed: Refining the Language of Teaching Yoga |
| Nov 2020 | CPD completed: Usui and Holy Fire Reiki Level 2 |
| Jan 2020 | Joined the register |

### Scan for credentials

The QR code opens Nicola-Jade’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/nicola-jade-stephenson?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.