Michelle Cheesbrough

Senior Yoga Teacher · Halesworth, United Kingdom

Passport 2e4dfb47-6110-11f1-96e3-0cc47a2a8154

Credentials current — Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 4 more trainings

RECORD

Michelle's record.

Membership	Active	
Foundation	Verified	2003

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Meditation & Personal Development Module	Maarten Vermaase	2017	60h	VERIFIED
Pregnancy Yoga Teacher Training Course	Yoga Campus	Dec 2013	42h	VERIFIED
Yoga Therapy Diploma Course	Elizabeth Starks	Mar 2010	200h	VERIFIED
BWY Teaching Diploma	The British Wheel of Yoga	Apr 2003	200h	VERIFIED
Yoga for Children Teaching Certificate	Swami Vedantananda	Jul 2001	60h	VERIFIED

CPD · 3 COURSES · 422 HOURS · LOGGED BY MICHELLE

More training.

Nov 2024	**Yoga 4 Health Training**	Personalised Care Institute · 38h
Oct 2019	**Therapeutic Wisdom Training**	Doug Keller · 12h
Nov 2011	**Yoga As Therapy Training**	Doug Keller · 10h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	23 years and 11,200 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Apr 2003	—	—
CPD	422 H	4 Development qualifications · 3 logged courses	—	—

Membership	**ACTIVE**	Joined April 2025	—	—

HISTORY

Status history.

Apr 2025	Joined the register
Nov 2024	CPD completed: Yoga 4 Health Training
Oct 2019	CPD completed: Therapeutic Wisdom Training
2017	Completed Meditation & Personal Development Module
Dec 2013	Completed Pregnancy Yoga Teacher Training Course
Nov 2011	CPD completed: Yoga As Therapy Training

Scan for credentials

The QR code opens Michelle’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/michelle-cheesbrough-8415d1?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.