Marcia de Matos

Senior Yoga Teacher · SÃO DOMINGOS DE RANA, Lisbon, Portugal

Passport 2e72083b-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

100-hour Foundation

YogaPros-accredited course · 7 more trainings

RECORD

Marcia’s record.

Membership	Active	
Foundation	Accredited	2009

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga in Índia: Tradition, culture and philosophy	Marco Peralta and Gonçalo Correia	Feb 2026	100h	ACCREDITED
Yoga of Death	Marco Peralta_YAP	May 2024	40h	ACCREDITED
Yoga Therapy	Yoga Alliance Professionals	Jun 2022	200h	ACCREDITED
Yoga Pregnancy	Sunshine Yoga	May 2017	100h	ACCREDITED
Yoga Kids	Sunshine Yoga	Sept 2016	50h	VERIFIED
YOGA BABY	Sunshine Yoga	Nov 2015	50h	VERIFIED
Yoga Teacher Training Course - 4 year program	Amandio Figueiredo	Nov 2014	850h	VERIFIED
Postgraduate Degree in Yoga — Intervention to Management	Abel Correia	Jul 2009	212h	VERIFIED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	17 years and 7,050 hours taught since qualifying	—	—
Foundation training	ACCREDITED	100-hour · Feb 2026	—	—
Membership	ACTIVE	Joined 2017	—	—

HISTORY

Status history.

Feb 2026	Qualified: Yoga in Índia: Tradition, culture and philosophy
May 2024	Qualified: Yoga of Death
Jun 2022	Qualified: Yoga Therapy
May 2017	Qualified: Yoga Pregnancy
2017	Joined the register
Sept 2016	Qualified: Yoga Kids

Scan for credentials

The QR code opens Marcia’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/marcia-de-matos?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.