Lucy Crawford

Senior Yoga Teacher · Helston, United Kingdom

Passport 2e6e06b3-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 1 more training

INSURED

Policy through YogaPros

Certificate on file · until 31 May 2027

RECORD

Lucy’s record.

Membership	Active	
Foundation	Accredited	1995
Insurance	On file	Until 31 May 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Brain Masterclass ONE Course	Etienne Peirsman	Apr 2026	30h	VERIFIED
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED

CPD · 29 COURSES · 1,170 HOURS · LOGGED BY LUCY

More training.

Jul 2024	**Craniosacral Therapy association**	Mary Bolingbroke · 8h
Jun 2024	**McLoughlin Scar Tissue Release Techniqu**	McLOUGHLIN · 7h
Nov 2023	**Muscle Energy Techniques**	John Gibbons · 7h
Jul 2023	**The Triune Nervous System**	Karuna Institute · 35h
Mar 2023	**BCMA Fascia informed Bodywork**	TJSmith · 74h
Feb 2023	**Women’s Health Scar Tissue Relief Workshop**	Louise Mockford · 24h
Nov 2021	**Movement-Based Neurovascular Release**	Kieran Schumaker · 2h
Oct 2021	**Vagus Nerve Series Online Learning**	Emma Gilmore · 6h
Dec 2020	**Karuna Institute Tutor Certificate**	Karuna Institute · 360h
Dec 2019	**The Vital Cervical Spine Master Class**	John Gibbons · 7h
Oct 2019	**INTEGRATED MYOFASCIAL THERAPY**	Ruth A Duncan · 16h
Jun 2019	**PRECISIONATYOURFINGERTIPS**	Katherine ukleja · 25h

Jun 2019	**Advanced Soft Tissue Techniques**	John Gibbons · 14h
May 2019	**The Vital shoulder complex Master class**	John Gibbons · 7h
Dec 2018	**Pelvis, SIK & Lumbar Master Class**	John Gibbons · 21h
Dec 2018	**Karuna Institute Tutor Certificates**	Karuna Institute · 358h
Sept 2018	**Neurological Testing Mater Class**	John Gibbons · 5h
Sept 2018	**The Vital Hip & Groin Master class**	John Gibbons · 5h
Sept 2018	**The Vital Hip & Group**	John Gibbons · 7h
Sept 2018	**The Vital Knee**	John Gibbons · 7h
Jun 2018	**Spinal Manipulation & Mobilisation**	John Gibbons · 7h
Jun 2018	**Kinesiology Taping Master Class**	John Gibbons · 7h
Mar 2015	**Behind the Smile**	Katherine ukleja · 19h
Nov 2014	**Birth from the Baby perspective**	Mathew · 16h
May 2013	**The Breathof Life**	Karuna Institute · 35h
May 2013	**The Breath of Life**	Karuna Institute · 35h
May 2012	**The Way of the Viscera**	Karuna Institute · 5h
May 2012	**The way of the viscera**	Karuna Institute · 5h
Oct 2006	**Craniosacral Therapy Educational**	Sarah Hesling · 16h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	**SENIOR**	31 years and 40,000 hours taught since qualifying	—	—
Foundation training	**ACCREDITED**	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	**CURRENT**	Policy through YogaPros · certificate on file	—	31 May 2027
CPD	**1,170 H**	1 Development qualification · 29 logged courses	—	—
Membership	**ACTIVE**	Joined 2018	—	—

HISTORY

Status history.

Apr 2026	Completed Brain Masterclass ONE Course
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Jul 2024	CPD completed: Craniosacral Therapy association
Jun 2024	CPD completed: McLoughlin Scar Tissue Release Techniqu
Nov 2023	CPD completed: Muscle Energy Techniques
2018	Joined the register

Scan for credentials

The QR code opens Lucy’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/lucy-crawford?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.