Lucinda Maria Alves Jordão

Senior Yoga Teacher · Figueira da Foz, Coimbra District, Portugal

Passport 2c79669a-6110-11f1-96e3-0cc47a2a8154

Credentials current — Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 10 more trainings

RECORD

Lucinda Maria's record.

Membership	Active	
Foundation	Accredited	2018

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED
Meditation Teacher Training Course 250hrs with Marco Peralta	Marco Peralta Yoga Teacher Training	Oct 2025		ACCREDITED
CURSO DE PROFESSORES DE YOGA PARA GRÁVIDAS 40 HORAS	Filipa Santos - Escola Yoga Family Portugal	Feb 2024	40h	VERIFIED
Curso de Especialização para Yoga Terapeuta	Escola Sunshine Yoga, Marco Peralta e Gonçalo Correia	Jun 2022	50h	VERIFIED
Online Yoga Therapy TTC 200h	Marco Peralta Yoga Teacher Training	Jun 2022	200h	ACCREDITED
Curso de Especialização em Filosofia e Outras Técnicas	Escola Sunshine Yoga, Marco Peralta e Gonçalo Correia	Mar 2022	50h	VERIFIED
Curso de Especialização em Yoganidra e Meditação	Marco Peralta e Gonçalo Correia	Nov 2021	50h	VERIFIED
Curso de Especialização em Asana e Pranayama	Marco Peralta e Gonçalo Correia	Aug 2021	50h	VERIFIED
Mindfulness-Based Stress Reduction Teacher Training Intensive	Steven D. Hickman	Apr 2020	37h	VERIFIED
SUP Yoga Training	Marco Peralta Yoga Teacher Training	Sept 2018	40h	ACCREDITED
NUAD BO-RARN THAI MASSAGE 30 HOURS	International Training Mssage School	Dec 2017	30h	VERIFIED

CPD · 1 COURSE · 569 HOURS · LOGGED BY LUCINDA MARIA

More training.

Nov 2020	**Curso de Aerial Yoga de 22 horas - Curso de Formação à Medida 22 horas Aerial Yoga Nível I e II**	Paula Costa · 22h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	8 years and 5,680 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Yoga Pros · Oct 2025	—	—
CPD	569 H	9 Development qualifications · 1 logged course	—	—
Membership	ACTIVE	Joined 2018	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Oct 2025	Qualified: Meditation Teacher Training Course 250hrs with Marco Peralta
Feb 2024	Completed CURSO DE PROFESSORES DE YOGA PARA GRÁVIDAS 40 HORAS
Jun 2022	Completed Curso de Especialização para Yoga Terapeuta
Jun 2022	Completed Online Yoga Therapy TTC 200h
2018	Joined the register

Scan for credentials

The QR code opens Lucinda Maria's credentials on the YogaPros register: https://member.theyogapros.com/teachers/lucinda-maria-alves-jordao?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.