Lisa Hands

Experienced Yoga Teacher · Chelmsford, United Kingdom

Passport 2d05c460-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 1 more training

INSURED

Policy through YogaPros

Certificate on file · until 02 Nov 2027

RECORD

Lisa’s record.

Membership	Active	
Foundation	Accredited	2016
Insurance	On file	Until 02 Nov 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED
Foundation Training In Peterborough Level 3	Smart Qualifications	Oct 2025		ACCREDITED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	EXPERIENCED	10 years and 2,507 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	02 Nov 2027
Membership	ACTIVE	Joined 2015	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Oct 2025	Qualified: Foundation Training In Peterborough Level 3
2015	Joined the register

Scan for credentials

The QR code opens Lisa’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/lisa-hands?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.