Lisa Cox

Experienced Yoga Teacher · Birmingham, United Kingdom

Passport 2c10d3e8-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 3 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 14 May 2027

RECORD

Lisa’s record.

Membership	Active	
Foundation	Accredited	2020
Insurance	On file	Until 14 May 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Trauma-informed yoga & Embodied Resilience Teacher Training and Mentoring	Golden Mandala Somatic Coach Academy	Oct 2023	80h	ACCREDITED
Yin Yoga 50 Hour CPD	Sandstone Yoga & Pilates	Jun 2021	50h	ACCREDITED
Teaching Yoga for Menopause and Beyond	Yinstinct Yoga	Mar 2021	40h	ACCREDITED
CSV Teacher Training - Bromsgrove & Devon	Anya Hawkes	Dec 2020	200h	ACCREDITED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	EXPERIENCED	5 years and 2,500 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Dec 2020	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	14 May 2027
CPD	170 H	3 Development qualifications	—	—
Membership	ACTIVE	Joined December 2020	—	—

HISTORY

Status history.

Oct 2023	Completed Trauma-informed yoga & Embodied Resilience Teacher Training and Mentoring
Jun 2021	Completed Yin Yoga 50 Hour CPD
Mar 2021	Completed Teaching Yoga for Menopause and Beyond
Dec 2020	Joined the register
Dec 2020	Qualified: CSV Teacher Training - Bromsgrove & Devon

Scan for credentials

The QR code opens Lisa’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/lisa-cox?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.