Laura Wynne

Senior Yoga Teacher · Rathcoffey, County Kildare, Ireland

Passport 2e67319d-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

310-hour Foundation

Verified by YogaPros · 7 more trainings

RECORD

Laura’s record.

Membership	Active	
Foundation	Verified	2007

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Certified Integrative Restoration - iRest Yoga Nidra Teacher	Kirsten Guest	Feb 2023	310h	VERIFIED
Somatic Exercise Coach	Lisa Peterson	Oct 2022	200h	VERIFIED
Advanced Teacher Training	Lisa Peterson	Jul 2022	500h	VERIFIED
Yoga Therapy	Maureen Nightingale	Sept 2018	100h	VERIFIED
Yin Yoga Teacher Training	Joshua Summers	Nov 2015	30h	VERIFIED
Advanced Teacher Training	Maureen Nightingale	Sept 2015	500h	VERIFIED
Anatomy & Physiology	Maureen Nightingale	Sept 2015	50h	VERIFIED
Pregnancy	Trish Malone	Sept 2014	60h	VERIFIED

CPD · 1 COURSE · 249 HOURS · LOGGED BY LAURA

More training.

Sept 2014	**Chair Yoga**	Maureen Nightingale · 9h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	19 years and 10,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	310-hour · Feb 2023	—	—

CPD	**249 H**	4 Development qualifications · 1 logged course	—	—
Membership	**ACTIVE**	Joined May 2020	—	—

HISTORY

Status history.

Feb 2023	Qualified: Certified Integrative Restoration - iRest Yoga Nidra Teacher
Oct 2022	Qualified: Somatic Exercise Coach
Jul 2022	Qualified: Advanced Teacher Training
May 2020	Joined the register
Sept 2018	Completed Yoga Therapy
Nov 2015	Completed Yin Yoga Teacher Training

Scan for credentials

The QR code opens Laura’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/laura-wynne?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.