Laura Mcvittie

Experienced Yoga Teacher · Chorley, United Kingdom

Passport 2eac59c5-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED
300-hour Foundation
YogaPros-accredited course · 2 more trainings

INSURED
Private policy
Certificate on file · until 28 Jun 2027

FIRST AID
Certificate on file
Until 26 Mar 2029

RECORD

Laura’s record.

Membership	Active	
Foundation	Accredited	2019
Insurance	On file	Until 28 Jun 2027
First aid	On file	Until 26 Mar 2029

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Bristol School of Yoga- 300 Hour Advanced Teacher Training- yoga for anxiety, trauma informed yoga, restorative and somatics, adjusting and adapting asana, vagus nerve breath and bandhas, fascia in focus, creative sequencing, movement science and authentic yoga marketing	Laura Gilmore	Jul 2026	300h	ACCREDITED
200 Hour Yoga Teacher Training- Yandara Yoga Institute- Sweden	Christopher Perkins	Aug 2025	200h	VERIFIED
Feel Now Yoga Healthy Self 350 Hour Yoga Teaching Diploma Independent Yoga Network	Debbie Farrar	Mar 2019	350h	VERIFIED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	EXPERIENCED	7 years and 2,250 hours taught since qualifying	—	—
Foundation training	ACCREDITED	300-hour · Jul 2026	—	—
Insurance	CURRENT	Private policy · certificate on file	—	28 Jun 2027

First aid	**CURRENT**	Certificate on file	—	26 Mar 2029
CPD	**550 H**	2 Development qualifications	—	—
Membership	**ACTIVE**	Joined September 2025	—	—

HISTORY

Status history.

Jul 2026	Qualified: Bristol School of Yoga- 300 Hour Advanced Teacher Training- yoga for anxiety, trauma informed yoga, restorative and somatics, adjusting and adapting asana, vagus nerve breath and bandhas, fascia in focus, creative sequencing, movement science and authentic yoga marketing
Sept 2025	Joined the register
Aug 2025	Completed 200 Hour Yoga Teacher Training- Yandara Yoga Institute- Sweden
Mar 2019	Completed Feel Now Yoga Healthy Self 350 Hour Yoga Teaching Diploma Independent Yoga Network

Scan for credentials

The QR code opens Laura’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/laura-mcvittie?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.