Laura Dymock

Senior Yoga Teacher · Alton, United Kingdom

Passport 2c942a40-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 3 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 03 Nov 2027

RECORD

Laura’s record.

Membership	Active	
Foundation	Verified	2015
Insurance	On file	Until 03 Nov 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	VERIFIED
Seasonal Yoga Teacher Training	Sue Woodd	Sept 2020	300h	VERIFIED
Teach Mindfulness Premium Online Program	Shamash Alidina	Aug 2018	100h	VERIFIED

CPD · 1 COURSE · 136 HOURS · LOGGED BY LAURA

More training.

Aug 2020	**Seasonal Yin**	Sue Woodd · 8h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	11 years and 8,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	03 Nov 2027
CPD	136 H	2 Development qualifications · 1 logged course	—	—

Membership	**ACTIVE**	Joined June 2023	—	—

HISTORY

Status history.

Nov 2025	Completed Yoga Pros Verified Specialist Qualification
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Jun 2023	Joined the register
Sept 2020	Qualified: Seasonal Yoga Teacher Training
Aug 2020	CPD completed: Seasonal Yin
Aug 2018	Completed Teach Mindfulness Premium Online Program

Scan for credentials

The QR code opens Laura’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/laura-dymock?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.