Lara Sharman

Experienced Yoga Teacher · Stafford, United Kingdom

Passport 2cccba52-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros

INSURED

Policy through YogaPros

Certificate on file · until 05 Aug 2027

RECORD

Lara’s record.

Membership	Active	
Foundation	Verified	2021
Insurance	On file	Until 05 Aug 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	VERIFIED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	EXPERIENCED	5 years and 1,840 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	05 Aug 2027
Membership	ACTIVE	Joined August 2021	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Aug 2021	Joined the register

Scan for credentials

The QR code opens Lara’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/lara-sharman?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.