Lara Heppell

Senior Yoga Teacher · York, United Kingdom

Passport 2e6fbed5-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course

RECORD

Lara’s record.

Membership	Active	
Foundation	Accredited	2005

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	21 years and 4,000 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Yoga Pros · Oct 2025	—	—
Membership	ACTIVE	Joined 2017	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
2017	Joined the register

Scan for credentials

The QR code opens Lara’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/lara-heppell?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.