Kristin Bergman-Ward

Senior Yoga Teacher · Saint-Antonin-Noble-Val, Occitanie, France

Passport 2e8a15f2-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 26 November 2026

QUALIFIED

650-hour Foundation

Verified by YogaPros

RECORD

Kristin’s record.

Membership	Active	
Foundation	Verified	2007

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Bikram's Original Hot Yoga Teacher Training	Bikram Choudhury	Nov 2007	650h	VERIFIED

CPD · 6 COURSES · 1,232 HOURS · LOGGED BY KRISTIN

More training.

Dec 2014	**Meditation Practice Intensive & Training**	Dhammaruwan · 252h
Jan 2014	**Meditation Practice Intensive & Training**	Steven Smith · 252h
Nov 2013	**Bikram Yoga Education - Teaching, Leading, Practice & Demonstration**	Mary Jarvis · 392h
Aug 2013	**Pranayama, Kriya, Yoga Nidra & Meditation**	Swami Veda Bharati · 168h
Nov 2010	**84 Asanas Advanced Yoga Training & Re-Certification**	Bikram Choudhury · 56h
Sept 2009	**Bikram Yoga Education - 84 Asanas, Advanced Backbending & Demonstration Yoga**	Esak Garcia · 112h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	19 years and 14,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	650-hour · Nov 2007	—	—
CPD	1,232 H LOGGED	6 logged courses	—	—

Membership	**ACTIVE**	Joined 2016	—	—

HISTORY

Status history.

2016	Joined the register
Dec 2014	CPD completed: Meditation Practice Intensive & Training
Jan 2014	CPD completed: Meditation Practice Intensive & Training
Nov 2013	CPD completed: Bikram Yoga Education - Teaching, Leading, Practice & Demonstration
Aug 2013	CPD completed: Pranayama, Kriya, Yoga Nidra & Meditation
Nov 2010	CPD completed: 84 Asanas Advanced Yoga Training & Re-Certification

Scan for credentials

The QR code opens Kristin’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/kristin-bergman-ward?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.