Kirsty Lee-Betti

Yoga Teacher · Southampton, United Kingdom

Passport 2d3225b0-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 3 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 05 Dec 2026

RECORD

Kirsty’s record.

Membership	Active	
Foundation	Accredited	2019
Insurance	On file	Until 05 Dec 2026

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED
Yoga Teacher Training Foundation Course	Laura Green Training & Mentoring Ltd	Oct 2025		ACCREDITED
PCI-accredited Yoga4Health Professional Training with YIHA and is certified to teach the 10-week Yoga4Health Protocol	Paul Fox	Nov 2022	60h	VERIFIED
Certificate of PCI accreditation of Yoga for Health Training	Personalised Care Insitute	Nov 2022	60h	VERIFIED

CPD · 1 COURSE · 130 HOURS · LOGGED BY KIRSTY

More training.

Oct 2023	**Yoga4NHS Tutor Upgrade Training accredited by the Yoga in Healthcare Alliance and is certified to teach the 6-week Yoga4NHS Protocol accredited by the Royal College Of GPs.**	Paul Fox · 10h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	YOGA TEACHER	7 years and 370 hours taught since qualifying	—	—

Foundation training	**ACCREDITED**	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	**RENEWS SOON**	Policy through YogaPros · certificate on file	—	05 Dec 2026
CPD	**130 H**	2 Development qualifications · 1 logged course	—	—
Membership	**ACTIVE**	Joined 2018	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Oct 2025	Qualified: Yoga Teacher Training Foundation Course
Oct 2023	CPD completed: Yoga4NHS Tutor Upgrade Training accredited by the Yoga in Healthcare Alliance and is certified to teach the 6-week Yoga4NHS Protocol accredited by the Royal College Of GPs.
Nov 2022	Completed PCI-accredited Yoga4Health Professional Training with YIHA and is certified to teach the 10-week Yoga4Health Protocol
Nov 2022	Completed Certificate of PCI accreditation of Yoga for Health Training
2018	Joined the register

Scan for credentials

The QR code opens Kirsty’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/kirsty-lee-betti?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.