Karina Slisina

Yoga Teacher · London, United Kingdom

Passport 2e93060f-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 5 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 10 Mar 2027

RECORD

Karina’s record.

Membership	Active	
Foundation	Verified	2024
Insurance	On file	Until 10 Mar 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yin Yoga Teacher Training Course	Melanie Cooper	Sept 2025	50h	VERIFIED
"Yoga Darshan" Philosophy Course	Anna Vesna	Aug 2025	50h	VERIFIED
Yoga Nidra Teacher Training Course	Melanie Cooper	Jan 2025	30h	VERIFIED
Teaching Yoga to Children	Susannah Hoffman Training	Oct 2024	40h	ACCREDITED
Sound Healing Teacher Training	Himalayan Academy of Sound Healing	May 2024	50h	VERIFIED
200 hrs Hatha Yoga Teacher Training	Surinder Singh	Apr 2024	200h	VERIFIED

CPD · 1 COURSE · 227 HOURS · LOGGED BY KARINA

More training.

May 2026	**Yoga Nidra Level 2**	Melanie Cooper · 7h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	YOGA TEACHER	2 years and 115 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Apr 2024	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	10 Mar 2027

CPD	**227 H**	5 Development qualifications · 1 logged course	—	—
Membership	**ACTIVE**	Joined October 2024	—	—

HISTORY

Status history.

May 2026	CPD completed: Yoga Nidra Level 2
Sept 2025	Completed Yin Yoga Teacher Training Course
Aug 2025	Completed "Yoga Darshan" Philosophy Course
Jan 2025	Completed Yoga Nidra Teacher Training Course
Oct 2024	Completed Teaching Yoga to Children
Oct 2024	Joined the register

Scan for credentials

The QR code opens Karina’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/karina-slisina?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.