Karen West

Senior Yoga Teacher · Swindon, United Kingdom

Passport 2e728dec-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

580-hour Foundation

Verified by YogaPros · 2 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 30 Apr 2027

RECORD

Karen’s record.

Membership	Active	
Foundation	Verified	2007
Insurance	On file	Until 30 Apr 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Therapist	Heather Mason	Oct 2023	580h	VERIFIED
Sports Yoga	Sarah Ramsden	Sept 2018	100h	VERIFIED
Pregnancy Yoga Teacher Training - Residential	Sally Parkes Yoga	Nov 2017		ACCREDITED

CPD · 2 COURSES · 150 HOURS · LOGGED BY KAREN

More training.

Apr 2020	**Yin Yoga**	Ram Jain · 50h
Aug 2017	**Teaching Yoga and Mindfulness to Teens Course. Bath August 2017**	Teen Yoga

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	19 years and 16,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	580-hour · Oct 2023	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	30 Apr 2027
CPD	150 H	1 Development qualification · 2 logged courses	—	—

Membership	**ACTIVE**	Joined 2016	—	—

HISTORY

Status history.

Oct 2023	Qualified: Yoga Therapist
Apr 2020	CPD completed: Yin Yoga
Sept 2018	Completed Sports Yoga
Nov 2017	Qualified: Pregnancy Yoga Teacher Training - Residential
Aug 2017	CPD completed: Teaching Yoga and Mindfulness to Teens Course. Bath August 2017
2016	Joined the register

Scan for credentials

The QR code opens Karen’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/karen-west-321e7b?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.