Karen Kiely

Yoga Teacher · Mallow, County Cork, Ireland

Passport 2cb78c3f-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 4 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 30 Mar 2027

RECORD

Karen’s record.

Membership	Active	
Foundation	Verified	2019
Insurance	On file	Until 30 Mar 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Pranayama - More than Breathwork	Alchemy School of Yoga	May 2024	29h	ACCREDITED
Restorative & Yoga Nidra Training	Alchemy School of Yoga	Apr 2023	29h	ACCREDITED
Initiation Practitioner Training	Alexandra Roxo	Dec 2020	100h	VERIFIED
200 Hour YTT with Lotus College of Yoga (NYC and SF)	Jasmine Tarkeshi	Dec 2019	200h	VERIFIED
Portland School of Astrology, USA	JP Hawthorne / Andrea Gehrz / Rhea Wolff	Aug 2019	100h	VERIFIED

CPD · 1 COURSE · 278 HOURS · LOGGED BY KAREN

More training.

Apr 2019	**Reiki level 2**	San Francisco Reiki Center / Christopher Tellez · 20h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	YOGA TEACHER	6 years and 1,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Dec 2019	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	30 Mar 2027

CPD	**278 H**	4 Development qualifications · 1 logged course	—	—
Membership	**ACTIVE**	Joined March 2022	—	—

HISTORY

Status history.

May 2024	Completed Pranayama - More than Breathwork
Apr 2023	Completed Restorative & Yoga Nidra Training
Mar 2022	Joined the register
Dec 2020	Completed Initiation Practitioner Training
Dec 2019	Qualified: 200 Hour YTT with Lotus College of Yoga (NYC and SF)
Aug 2019	Completed Portland School of Astrology, USA

Scan for credentials

The QR code opens Karen’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/karen-kiely?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.