Julie McGarry

Yoga Teacher · United Kingdom

Passport 2ca9542c-6110-11f1-96e3-0cc47a2a8154

Credentials current — Read from the YogaPros register 27 November 2026

QUALIFIED

150-hour Foundation

Verified by YogaPros · 7 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 24 Mar 2027

RECORD

Julie’s record.

Membership	Active	
Foundation	Verified	2023
Insurance	On file	Until 24 Mar 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Aromatherapeutic Body Massage Diploma Distinction	Penny Price Academy of Aromatherapy	Apr 2026	150h	VERIFIED
Level 2 Yoga Teacher Training 300 hours	Christine Mason	Dec 2025	300h	VERIFIED
Sound Therapy Practitioner	Ian Bentley	Oct 2025	40h	VERIFIED
Yin Yoga	Melanie Cooper	Jul 2025	40h	VERIFIED
Pranayama	Melanie Cooper	Apr 2025	30h	VERIFIED
Embodied sequencing	Melanie Cooper	Jan 2025	30h	VERIFIED
Yoga Nidra	Melanie Cooper	Jan 2025	30h	VERIFIED
200 Hour Hatha Yoga	Tina Brewer	Mar 2023	200h	VERIFIED

CPD · 8 COURSES · 365 HOURS · LOGGED BY JULIE

More training.

Oct 2026	**Ayurvedic Massage Therapy**	Sunita Passi · 60h
Oct 2025	**20 hours Chair Yoga Teaching**	CHRISTINE MASON · 20h
Oct 2025	**Trauma Informed Yoga Teacher Training**	Laura Roffey · 20h
Oct 2025	**Restorative Yoga**	Alene Cheong · 20h
Oct 2025	**Embodied anatomy**	Melanie Cooper · 15h

Oct 2025	**Neurobiomechanics**	Sarah Rumble · 20h
Jun 2025	**Ayurveda and Yoga**	Sarah Rumble · 10h
May 2025	**Reiki Level 1 and Level 2**	Talete Fusaro Reiki Master · 30h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	YOGA TEACHER	3 years and 2,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	150-hour · Apr 2026	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	24 Mar 2027
CPD	365 H	5 Development qualifications · 8 logged courses	—	—
Membership	ACTIVE	Joined March 2023	—	—

HISTORY

Status history.

Oct 2026	CPD completed: Ayurvedic Massage Therapy
Apr 2026	Qualified: Aromatherapeutic Body Massage Diploma Distinction
Dec 2025	Qualified: Level 2 Yoga Teacher Training 300 hours
Oct 2025	5 CPD courses completed
Oct 2025	Completed Sound Therapy Practitioner
Mar 2023	Joined the register

Scan for credentials

The QR code opens Julie’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/julie-mcgarry?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.