Jude Duddridge

Senior Yoga Teacher · Offord D'Arcy, United Kingdom

Passport 2eaffc9f-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 5 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 26 Jan 2027

RECORD

Jude’s record.

Membership	Active	
Foundation	Verified	2018
Insurance	On file	Until 26 Jan 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	VERIFIED
Yin Yoga Teacher Training	Dawn Wright	Nov 2023	50h	ACCREDITED
Yoga Nidra Teacher Training	James Reeves	Feb 2023	30h	VERIFIED
Meditation Teacher Diploma	Centre of Excellence	Jun 2022	50h	VERIFIED
Trauma Informed Restorative Yoga Teacher Training: 4-day Immersion with Deborah Berryman	Whitespace Yoga Training	May 2022	50h	ACCREDITED
Teaching yoga to those diagnosed with cancer or any long term health condition	Vicky Fox Yoga	Jan 2022	40h	ACCREDITED

CPD · 1 COURSE · 270 HOURS · LOGGED BY JUDE

More training.

Jul 2024	**Breathwork and pranayama instructors course**	Micheal Bijker · 50h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	8 years and 4,050 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Yoga Pros · Oct 2025	—	—

Insurance	**RENEWS SOON**	Policy through YogaPros · certificate on file	—	26 Jan 2027
CPD	**270 H**	5 Development qualifications · 1 logged course	—	—
Membership	**ACTIVE**	Joined January 2022	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Jul 2024	CPD completed: Breathwork and pranayama instructors course
Nov 2023	Completed Yin Yoga Teacher Training
Feb 2023	Completed Yoga Nidra Teacher Training
Jun 2022	Completed Meditation Teacher Diploma
Jan 2022	Joined the register

Scan for credentials

The QR code opens Jude’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/jude-duddridge?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.