Jiri Alexa

Senior Yoga Teacher · Trenín, Treniansky kraj, Slovakia

Passport 2e6269ad-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 26 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 2 more trainings

RECORD

Jiri's record.

Membership	Active	
Foundation	Accredited	2008

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
200 hour teacher Training	Green Lotus Yoga	Sept 2008	200h	ACCREDITED

CPD · 5 COURSES · 155 HOURS · LOGGED BY JIRI

More training.

Jun 2025	**Dynamic Neuromuscular Stabilisation DNS Yoga**	Martina Ježková · 20h
Oct 2024	**Primary Series of Ashtanga Yoga TT**	Manju P Jois · 25h
Jun 2017	**Dynamic Neuromuscular Stabilisation DNS 2**	Oldrich Chramosta · 20h
Feb 2017	**Dynamic Neuromuscular Stabilisation DNS 1**	oldrich Chramosta · 20h
Mar 2016	**Anatomy Trains 1**	Ari Pekka Li dberg · 14h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	18 years and 6,000 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Green Lotus Yoga · Sept 2008	—	—
CPD	155 H	2 Development qualifications · 5 logged courses	—	—

Membership	**ACTIVE**	Joined February 2021	—	—

HISTORY

Status history.

Nov 2025	Completed Yoga Pros Verified Specialist Qualification
Nov 2025	Completed Yoga Pros Verified Specialist Qualification
Jun 2025	CPD completed: Dynamic Neuromuscular Stabilisation DNS Yoga
Oct 2024	CPD completed: Primary Series of Ashtanga Yoga TT
Feb 2021	Joined the register
Jun 2017	CPD completed: Dynamic Neuromuscular Stabilisation DNS 2

Scan for credentials

The QR code opens Jiri’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/jiri-alexa?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.