Jenny Ní Ruiséil

Senior Yoga Teacher · Sligo, County Sligo, Ireland

Passport 2c10b31f-6110-11f1-96e3-0cc47a2a8154

Credentials current — Read from the YogaPros register 26 November 2026

QUALIFIED

300-hour Foundation

Verified by YogaPros · 4 more trainings

RECORD

Jenny's record.

Membership	Active	
Foundation	Verified	2016

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Advanced Embodied Facilitator Training	Collette Davis	Nov 2025	300h	VERIFIED
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	VERIFIED
Fire & Water MTT (Meditation Teacher Training)	Micheal King	Nov 2022	200h	VERIFIED
Embodied Sakti	Natalie Backman	Jul 2022	300h	VERIFIED
200hr Traditional Tantric Hatha Yoga	Karina Guthrie	May 2018	200h	VERIFIED

CPD · 3 COURSES · 350 HOURS · LOGGED BY JENNY

More training.

Nov 2021	**Ayurvedic Yoga Specialist Training**	Brad Hay · 50h
Dec 2020	**Marma**	Rod Stryker · 50h
Jun 2018	**Yin Yoga Training**	Nik Robson · 50h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	10 years and 4,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	300-hour · Nov 2025	—	—

CPD	**350 H**	1 Development qualification · 3 logged courses	—	—
Membership	**ACTIVE**	Joined January 2021	—	—

HISTORY

Status history.

Nov 2025	Qualified: Advanced Embodied Facilitator Training
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Nov 2022	Completed Fire & Water MTT (Meditation Teacher Training)
Jul 2022	Qualified: Embodied Sakti
Nov 2021	CPD completed: Ayurvedic Yoga Specialist Training
Jan 2021	Joined the register

Scan for credentials

The QR code opens Jenny’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/jenny-ni-ruiseil?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.