Jane Oppegaard

Senior Yoga Teacher · Letchworth Garden City, United Kingdom

Passport 2e6a4a7a-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 2 more trainings

INSURED

Private policy

Certificate on file · until 17 Feb 2027

RECORD

Jane’s record.

Membership	Active	
Foundation	Accredited	2009
Insurance	On file	Until 17 Feb 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	17 years and 8,000 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	RENEWS SOON	Private policy · certificate on file	—	17 Feb 2027
CPD	56 H	2 Development qualifications	—	—
Membership	ACTIVE	Joined August 2019	—	—

HISTORY

Status history.

Nov 2025	Completed Yoga Pros Verified Specialist Qualification
Nov 2025	Completed Yoga Pros Verified Specialist Qualification

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Aug 2019	Joined the register

Scan for credentials

The QR code opens Jane’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/jane-oppegaard?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.