Jane Cradick

Senior Yoga Teacher · Saltash, United Kingdom

Passport 2d07cbd2-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 3 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 07 Oct 2027

RECORD

Jane’s record.

Membership	Active	
Foundation	Verified	2015
Insurance	On file	Until 07 Oct 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Trauma Informed Restorative Yoga	Deborah Berryman	Feb 2021	50h	ACCREDITED
FALMOUTH YOGA SPACE VINYASA TEACHER TRAINING	Keren Cooksey	Oct 2017	50h	ACCREDITED
Multi Style Yoga	Mahi Yoga	Sept 2015	200h	VERIFIED
Yogakidz Children's Yoga Teacher Training	Sarah Mulliner	Apr 2014	60h	VERIFIED

CPD · 3 COURSES · 215 HOURS · LOGGED BY JANE

More training.

Oct 2020	**Yoga Nidra Course**	Swami Yogaratna Saraswati · 10h
Dec 2017	**Teen Yoga Teacher Training**	Chloe Dredz · 20h
Aug 2017	**SUP Yoga Teacher Training**	Rosita Jankeviciute · 25h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	11 years and 6,700 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Sept 2015	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	07 Oct 2027

CPD	**215 H**	3 Development qualifications · 3 logged courses	—	—
Membership	**ACTIVE**	Joined over 7 years ago	—	—

HISTORY

Status history.

Feb 2021	Completed Trauma Informed Restorative Yoga
Oct 2020	CPD completed: Yoga Nidra Course
7+ years ago	Joined the register
Dec 2017	CPD completed: Teen Yoga Teacher Training
Oct 2017	Completed FALMOUTH YOGA SPACE VINYASA TEACHER TRAINING
Aug 2017	CPD completed: SUP Yoga Teacher Training

Scan for credentials

The QR code opens Jane’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/jane-cradick?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.