Ivana Prekopova

Senior Yoga Teacher · Norwich, United Kingdom

Passport 2ec1b08e-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED
200-hour Foundation
YogaPros-accredited course · 8 more trainings

INSURED
Policy through YogaPros
Certificate on file · until 14 Feb 2027

FIRST AID
Certificate on file
Until 21 May 2027

RECORD

Ivana’s record.

Membership	Active	
Foundation	Accredited	2015
Insurance	On file	Until 14 Feb 2027
First aid	On file	Until 21 May 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED
The Art and Science of Meditation	Rod Stryker	Jun 2024	40h	VERIFIED
Teachings of the Taravali	Rod Stryker	May 2022	40h	VERIFIED
Kundalini	Rod Stryker	Nov 2020	40h	VERIFIED
Yoga Marma	Rod Stryker	Sept 2020	40h	VERIFIED
Vinyasa Krama	Rod Stryker	Aug 2020	40h	VERIFIED
Tantra Shakti	Rod Stryker	Dec 2019	40h	VERIFIED
Tantric Hatha Yoga	Everett Newell	Feb 2018	300h	VERIFIED
Yin & Yang Yoga Teacher Training Immersion	Sarah Corbett	Jul 2016	50h	VERIFIED

CPD · 1 COURSE · 300 HOURS · LOGGED BY IVANA

More training.

Apr 2021	**Prenatal and postnatal yoga teacher training**	Emma Salvado · 10h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	11 years and 5,000 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	RENEWS SOON	Policy through YogaPros · certificate on file	—	14 Feb 2027
First aid	CURRENT	Certificate on file	—	21 May 2027
CPD	300 H	7 Development qualifications · 1 logged course	—	—
Membership	ACTIVE	Joined 2016	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Jun 2024	Completed The Art and Science of Meditation
May 2022	Completed Teachings of the Taravali
Apr 2021	CPD completed: Prenatal and postnatal yoga teacher training
Nov 2020	Completed Kundalini
2016	Joined the register

Scan for credentials

The QR code opens Ivana’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/ivana-prekopova?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.