Isabell Britsch

Senior Yoga Teacher · London, United Kingdom

Passport 2e69afc6-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 18 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 28 Sept 2027

RECORD

Isabell’s record.

Membership	Active	
Foundation	Accredited	2011
Insurance	On file	Until 28 Sept 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED
The Neuroscience Academy training in Applied Neuroscience & Brain Health.	Sarah McKay	Dec 2022	34h	VERIFIED
Advanced Trauma-Sensitive Mindfulness: Widening the Window of Tolerance and Supporting T rauma Recovery	David Treleaven	Oct 2021	26h	VERIFIED
Trauma-Sensitive Mindfulness: The Introductory Guide to Recognizing Trauma, Responding Skillfully, and Preventing Retraumatization	David Treleaven	Sept 2021	13h	VERIFIED
Self-care And Yoga: The Intersection Between Marma Therapy And Yoga, With Myofascial Foundations	Douglas Keller	Oct 2019	12h	VERIFIED
Level 4 Certificate in Integrating Mindfulness and Compassion in Professional Practice	Karen Atkinson	Jul 2018	200h	VERIFIED
Level II Insight Yoga Teacher Training Intensive | Mindfulness and Inner Practices in Yin Yoga	Sarah Powers	Apr 2017	30h	VERIFIED
Therapeutic Wisdom Training 30 hours course	Douglas Keller	Nov 2016	30h	VERIFIED

The Therapeutic Wisdom Of Yoga Practice: Supporting The Matrix Of Health	Doug Keller	Nov 2016	30h	VERIFIED
Integrating Yoga, Buddhism and Psychology	Sarah Powers	Dec 2015	60h	VERIFIED
The New Wave Of Yoga: Postures, Mindfulness And Meditative Insight	Michael Stone	Feb 2015	12h	VERIFIED
The deeper dimension of yoga	Michael Stone	Feb 2014	12h	VERIFIED
Yoga Practice in the Mirror of Buddhism	Richard Freeman	Sept 2013	35h	VERIFIED
Integrated Practice: ISHTA Yoga Intensive	Alan Finger	Dec 2012	30h	VERIFIED
Postures on a Thread and the Middle Path of Love (Afternoon sessions)	Richard Freeman	Sept 2012	15h	VERIFIED
Postures on a Thread and the Middle Path of Love (Morning Session)	Richard Freeman	Sept 2012	15h	VERIFIED
Richard Freeman Course Title: Salutations to Sushumna: Exploring the Subtlety and Internal Form of Ashtanga Vinyasa Yoga	Richard Freeman	Sept 2011	35h	VERIFIED
Chakra Vinyasa: Liberating the Body Mandala + Tending the Sacred Fire	Shiva Rea	Jun 2011	32h	VERIFIED
Tantra Shakti : The Radiant Soul of Yoga	Rod Stryker	Jun 2011	40h	VERIFIED

CPD · 3 COURSES · 683 HOURS · LOGGED BY ISABELL

More training.

Jul 2023	**Welcome to Your Brain: New Nervous System Essentials for Yogis**	Jenni Rawlings · 4h
Jun 2019	**Process of inquiry**	Karen Atkinson · 6h
Jul 2014	**Mental Health Basics**	Lisa Kayley-Isley · 12h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	15 years and 8,000 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	28 Sept 2027
CPD	683 H	18 Development qualifications · 3 logged courses	—	—
Membership	ACTIVE	Joined September 2019	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course

Jul 2023	CPD completed: Welcome to Your Brain: New Nervous System Essentials for Yogis
Dec 2022	Completed The Neuroscience Academy training in Applied Neuroscience & Brain Health.
Oct 2021	Completed Advanced Trauma-Sensitive Mindfulness: Widening the Window of Tolerance and Supporting T rauma Recovery
Sept 2021	Completed Trauma-Sensitive Mindfulness: The Introductory Guide to Recognizing Trauma, Responding Skillfully, and Preventing Retraumatization
Sept 2019	Joined the register

Scan for credentials

The QR code opens Isabell’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/isabell-britsch?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.