Isabel Viegas Groves

Senior Yoga Teacher · London, United Kingdom

Passport 2eb07d6d-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED
200-hour Foundation
Verified by YogaPros · 4 more trainings

INSURED
Policy through YogaPros
Certificate on file · until 20 Oct 2027

FIRST AID
Certificate on file
Until 16 May 2029

RECORD

Isabel’s record.

Membership	Active	
Foundation	Verified	2010
Insurance	On file	Until 20 Oct 2027
First aid	On file	Until 16 May 2029

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	VERIFIED
Advanced Yin Yoga Teacher Training	Norman Blair	Sept 2022	60h	VERIFIED
Buddha and The Yogis: Crossing Paths - Bodhisattvas & Warriors	Richard Freeman, Roberth Thurman & Mary Taylor	Sept 2019	30h	VERIFIED
Empowering the Heart: The Abode of Sacred Joy, Healing and Power	Rod Stryker	Nov 2018	30h	VERIFIED
Yogacampus Teacher Training Intake 12	Graham Burns	Jun 2010	202h	VERIFIED

CPD · 4 COURSES · 203 HOURS · LOGGED BY ISABEL

More training.

May 2026	**The Art of Sacred Sound Training / Yogacampus**	Anne Malone · 24h
Jul 2025	**Chakra Mandala**	Dulce Aguilar · 25h
Jan 2021	**Yoga Sutras of Patanjali**	Seth Powell · 22h
Feb 2017	**Anatomy Centered Approach to Alignment (Yogacampus)**	Zephyr Wildman · 12h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	**SENIOR**	16 years and 5,000 hours taught since qualifying	—	—
Foundation training	**VERIFIED**	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	**CURRENT**	Policy through YogaPros · certificate on file	—	20 Oct 2027
First aid	**CURRENT**	Certificate on file	—	16 May 2029
CPD	**203 H**	3 Development qualifications · 4 logged courses	—	—
Membership	**ACTIVE**	Joined October 2021	—	—

HISTORY

Status history.

May 2026	CPD completed: The Art of Sacred Sound Training / Yogacampus
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Jul 2025	CPD completed: Chakra Mandala
Sept 2022	Completed Advanced Yin Yoga Teacher Training
Oct 2021	Joined the register
Jan 2021	CPD completed: Yoga Sutras of Patanjali

Scan for credentials

The QR code opens Isabel's credentials on the YogaPros register: https://member.theyogapros.com/teachers/isabel-viegas-groves?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.