# Isabel Carvalho

Experienced Yoga Teacher · Porto, Porto, Portugal

Passport 2cdc2958-6110-11f1-96e3-0cc47a2a8154

## Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

**200-hour Foundation**

Verified by YogaPros

RECORD

## Isabel’s record.

| | | |
|---|---|---|
| **Membership** | Active | |
| **Foundation** | Verified | 2018 |

TRAINING

## Qualifications.

| QUALIFICATION | TRAINED BY | COMPLETED | HOURS | STATUS |
|---|---|---|---|---|
| **Yoga Pros Verified Foundation Course** | Yoga Pros | Oct 2025 | 200h | VERIFIED |

CREDENTIALS

## What YogaPros has checked.

| CHECK | RESULT | DETAIL | CHECKED | VALID UNTIL |
|---|---|---|---|---|
| **Standing** | EXPERIENCED | 8 years and 2,400 hours taught since qualifying | — | — |
| **Foundation training** | VERIFIED | 200-hour · Yoga Pros · Oct 2025 | — | — |
| **Membership** | ACTIVE | Joined February 2021 | — | — |

HISTORY

## Status history.

| | |
|---|---|
| Oct 2025 | Qualified: Yoga Pros Verified Foundation Course |
| Feb 2021 | Joined the register |

## Scan for credentials

The QR code opens Isabel’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/isabel-carvalho?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.