Holly McLoughlin

Experienced Yoga Teacher · Mold, United Kingdom

Passport 2ed300b4-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED
220-hour Foundation
Verified by YogaPros · 1 more training

INSURED
Policy through YogaPros
Certificate on file · until 03 Feb 2027

FIRST AID
Certificate on file
Until 04 Feb 2029

RECORD

Holly’s record.

Membership	Active	
Foundation	Verified	2017
Insurance	On file	Until 03 Feb 2027
First aid	On file	Until 04 Feb 2029

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Level 1 Yoga Intensive (Yoga and Meditation Studies in the mysteries of self-realisation and Yogic philosophy).	Swami Vivekananda Saraswati	Jul 2017	150h	VERIFIED
200 HR HATHA YOGA INSTRUCTOR	Swami Vivekananda Saraswati	Jul 2017	220h	VERIFIED

CPD · 2 COURSES · 284 HOURS · LOGGED BY HOLLY

More training.

Jun 2026	**10 Day Vipassana Meditation Course as taught by G.N. Goenka**	Karen Chapman at Dhamma Sukhakri · 120h
Nov 2019	**Introduction to Acceptance and Commitment Therapy (Mindfulness for Coaches)**	Dr Olivia Donnelly · 14h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	EXPERIENCED	9 years and 1,856 hours taught since qualifying	—	—
Foundation training	VERIFIED	220-hour · Jul 2017	—	—

Insurance	**RENEWS SOON**	Policy through YogaPros · certificate on file	—	03 Feb 2027
First aid	**CURRENT**	Certificate on file	—	04 Feb 2029
CPD	**284 H**	1 Development qualification · 2 logged courses	—	—
Membership	**ACTIVE**	Joined February 2026	—	—

HISTORY

Status history.

Jun 2026	CPD completed: 10 Day Vipassana Meditation Course as taught by G.N. Goenka
Feb 2026	Joined the register
Nov 2019	CPD completed: Introduction to Acceptance and Commitment Therapy (Mindfulness for Coaches)
Jul 2017	Completed Level 1 Yoga Intensive (Yoga and Meditation Studies in the mysteries of self-realisation and Yogic philosophy).
Jul 2017	Qualified: 200 HR HATHA YOGA INSTRUCTOR

Scan for credentials

The QR code opens Holly’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/holly-mcloughlin?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.