Holly Capstick

Experienced Yoga Teacher · Preston, United Kingdom

Passport 2c56f12b-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED
200-hour Foundation
Verified by YogaPros · 2 more trainings

INSURED
Policy through YogaPros
Certificate on file · until 14 Jun 2027

FIRST AID
Certificate on file
Until 05 Jun 2027

RECORD

Holly’s record.

Membership	Active	
Foundation	Verified	2019
Insurance	On file	Until 14 Jun 2027
First aid	On file	Until 05 Jun 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	VERIFIED
Intuitive Sequencing	Janet Stone	Aug 2025	25h	VERIFIED
Energetic Alignment	Janet stone	Jul 2025	25h	VERIFIED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	EXPERIENCED	7 years and 2,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	14 Jun 2027
First aid	CURRENT	Certificate on file	—	05 Jun 2027
CPD	50 H	2 Development qualifications	—	—
Membership	ACTIVE	Joined June 2025	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Aug 2025	Completed Intuitive Sequencing
Jul 2025	Completed Energetic Alignment
Jun 2025	Joined the register

Scan for credentials

The QR code opens Holly’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/holly-capstick?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.