Helen Thickett

Yoga Teacher · Mobberley, United Kingdom

Passport 2eca829d-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 29 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 2 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 03 Dec 2026

RECORD

Helen’s record.

Membership	Active	
Foundation	Verified	2025
Insurance	On file	Until 03 Dec 2026

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
200 hr Hatha and Vinyasa Teacher Training	Stuart Pilkington	Nov 2024	200h	VERIFIED
Yin Teacher Training	Angela Jervis Reid	Dec 2023	50h	VERIFIED
Restorative teacher training	Stuart Pilkington	Jul 2023	30h	VERIFIED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	YOGA TEACHER	1 year and 30 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Nov 2024	—	—
Insurance	RENEWS SOON	Policy through YogaPros · certificate on file	—	03 Dec 2026
CPD	80 H	2 Development qualifications	—	—
Membership	ACTIVE	Joined December 2025	—	—

HISTORY

Status history.

Dec 2025	Joined the register
Nov 2024	Qualified: 200 hr Hatha and Vinyasa Teacher Training
Dec 2023	Completed Yin Teacher Training

Jul 2023	Completed Restorative teacher training

Scan for credentials

The QR code opens Helen’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/helen-thickett?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.