# Grace Tempany

Senior Yoga Teacher · Dublin 12, County Dublin, Ireland

Passport 2e69a829-6110-11f1-96e3-0cc47a2a8154

**Credentials current** — Read from the YogaPros register 26 November 2026

QUALIFIED

**200-hour Foundation**

YogaPros-accredited course · 4 more trainings

RECORD

## Grace’s record.

| | | |
|---|---|---|
| **Membership** | Active | |
| **Foundation** | Accredited | 2009 |

TRAINING

## Qualifications.

| QUALIFICATION | TRAINED BY | COMPLETED | HOURS | STATUS |
|---|---|---|---|---|
| **Yoga Pros Verified Foundation Course** | Yoga Pros | Oct 2025 | 200h | ACCREDITED |
| **Insight Yoga Secondary Level Training** | Sarah Powers | Dec 2023 | 40h | VERIFIED |
| **Yin Yang Training Level 2** | Mysan Sidbo | Jul 2016 | 200h | VERIFIED |
| **Insight Yoga** | Sarah Powers | Nov 2015 | 60h | VERIFIED |
| **Yin Yoga Training** | Mysan Sidbo | Jun 2015 | 100h | VERIFIED |

CPD · 2 COURSES · 930 HOURS · LOGGED BY GRACE

## More training.

| | | |
|---|---|---|
| Nov 2016 | **Mindfulness Module** | Josh Summers · 30h |
| Nov 2013 | **Bikram Yoga Teacher Training** | Bikram Choudhury · 500h |

CREDENTIALS

## What YogaPros has checked.

| CHECK | RESULT | DETAIL | CHECKED | VALID UNTIL |
|---|---|---|---|---|
| **Standing** | SENIOR | 17 years and 11,000 hours taught since qualifying | — | — |
| **Foundation training** | ACCREDITED | 200-hour · Yoga Pros · Oct 2025 | — | — |
| **CPD** | 930 H | 4 Development qualifications · 2 logged courses | — | — |
| **Membership** | ACTIVE | Joined September 2019 | — | — |

HISTORY

# Status history.

| | |
|---|---|
| Oct 2025 | Qualified: Yoga Pros Verified Foundation Course |
| Dec 2023 | Completed Insight Yoga Secondary Level Training |
| Sept 2019 | Joined the register |
| Nov 2016 | CPD completed: Mindfulness Module |
| Jul 2016 | Completed Yin Yang Training Level 2 |
| Nov 2015 | Completed Insight Yoga |

## Scan for credentials

The QR code opens Grace’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/grace-tempany-829bb3?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.