Fiona Sherwood

Senior Yoga Teacher · Nantwich, United Kingdom

Passport 2c379cdf-6110-11f1-96e3-0cc47a2a8154

Credentials current — Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 2 more trainings

RECORD

Fiona’s record.

Membership	Active	
Foundation	Verified	2012

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	VERIFIED
Rainbow Kids Yoga Online Teacher Training	Rainbow Yoga	May 2012	50h	ACCREDITED

CPD · 1 COURSE · 128 HOURS · LOGGED BY FIONA

More training.

Jan 2017	**Yoga Nidra**	Yoga Course · 50h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	14 years and 12,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Yoga Pros · Oct 2025	—	—
CPD	128 H	2 Development qualifications · 1 logged course	—	—
Membership	ACTIVE	Joined June 2024	—	—

HISTORY

Status history.

Nov 2025	Completed Yoga Pros Verified Specialist Qualification
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Jun 2024	Joined the register
Jan 2017	CPD completed: Yoga Nidra
May 2012	Completed Rainbow Kids Yoga Online Teacher Training

Scan for credentials

The QR code opens Fiona’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/fiona-sherwood?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.