# Daniela Alves

Experienced Yoga Teacher · Vila Facaia, Leiria, Portugal

Passport 2c58cf0a-6110-11f1-96e3-0cc47a2a8154

**Credentials current** — Read from the YogaPros register 27 November 2026

QUALIFIED

**200-hour Foundation**

YogaPros-accredited course · 8 more trainings

RECORD

## Daniela's record.

| | | |
|---|---|---|
| **Membership** | Active | |
| **Foundation** | Accredited | 2022 |

TRAINING

## Qualifications.

| QUALIFICATION | TRAINED BY | COMPLETED | HOURS | STATUS |
|---|---|---|---|---|
| **Curso de Especialização de Ayurveda para Yoguinis** | Ana Barrias | May 2025 | 50h | ACCREDITED |
| **Certificado de Formação em Kirtan 40 Horas** | Marco Peralta | Jan 2025 | 40h | VERIFIED |
| **Certificado de Formação Profissional** | Marco Peralta | Dec 2024 | 200h | VERIFIED |
| **Certificado de Formação Profissional 250** | Marco Peralta | Oct 2024 | 250h | VERIFIED |
| **Curso de Formação de Meditação – 250 Horas** | Marco Peralta | May 2024 | 250h | ACCREDITED |
| **Yoga Sênior** | Ana Barrias | Sept 2023 | 70h | ACCREDITED |
| **SPECIAL YOGA KIDS E TEENS** | Escola Sunshine Yoga | Jun 2023 | 70h | VERIFIED |
| **Curso de Formação em Yoga - B-Learning** | Marco Peralta Yoga Teacher Training | Sept 2022 | 200h | ACCREDITED |
| **YOGA BABY** | Escola Sunshine Yoga | Jun 2021 | 30h | VERIFIED |

CPD · 2 COURSES · 1,460 HOURS · LOGGED BY DANIELA

## More training.

| | | |
|---|---|---|
| Jun 2024 | **Meditação 250H** | Marco Peralta · 250h |
| May 2020 | **Meditation Teacher Training Course 250hrs with Marco Peralta** | Marco Peralta · 250h |

CREDENTIALS

## What YogaPros has checked.

| CHECK | RESULT | DETAIL | CHECKED | VALID UNTIL |
|---|---|---|---|---|
| **Standing** | **EXPERIENCED** | 4 years and 2,240 hours taught since qualifying | — | — |
| **Foundation training** | **ACCREDITED** | 200-hour · Marco Peralta Yoga Teacher Training · Sept 2022 | — | — |
| **CPD** | **1,460 H** | 8 Development qualifications · 2 logged courses | — | — |
| **Membership** | **ACTIVE** | Joined June 2025 | — | — |

HISTORY

## Status history.

| | |
|---|---|
| Jun 2025 | Joined the register |
| May 2025 | Completed Curso de Especialização de Ayurveda para Yoguinis |
| Jan 2025 | Completed Certificado de Formação em Kirtan 40 Horas |
| Dec 2024 | Completed Certificado de Formação Profissional |
| Oct 2024 | Completed Certificado de Formação Profissional 250 |
| Jun 2024 | CPD completed: Meditação 250H |

### Scan for credentials

The QR code opens Daniela’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/daniela-alves?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.